

Food Allergy or Special Dietary Request Form

If your child has a food allergy or a special dietary request, please complete this form. If your child would normally have a packed lunch, we would appreciate it if you would also complete the form for our records.

Section A: General Details

Child's Full Name	
Child's Date of Birth	
Year, Form & Tutor	
Your Name	

Section B: Declaration

Your relationship to the child		
Parent/Guardian Signature	Date:	

Allergen/Dietary Details:

Please note: it is recommended that parent/carers supply a medical/dieticians' letter to support the special diet requirements as self-diagnosed or personal food preferences are not able to be accommodated.

Medical:	e.g. Nut/Gluten Allergy	
Religious	e.g. Muslim	
Ethical	e.g. Vegetarian (eats no meat or fish)	

Emergency procedures

Does your child carry an Epi Pen?		No	
Medical letter attached?		No	

Please attach any other relevant information.

Please note: We cannot guarantee the absence of any specific allergen. Our team will be happy to talk to you about what we do in the kitchen to reduce the risks of allergen cross-contamination. Some of the ingredients used do not contain the allergen, however, some of the products we use may state that the product "may contain the allergen"," be manufactured in a facility that produces the food allergen" We endeavour as far as possible to be a nut-free school this includes sesame seeds. However, some products we use do say "May contain peanut" "Manufactured in a facility that uses peanut ingredients" or "Manufactured in a facility which processes peanuts"

Please contact the school kitchen on 01434 610330 to discuss your child's dietary needs with the Catering manager.

Hexham Middle School

Whetstone Bridge Road, Hexham, Northumberland NE46 3JB T: 01434 610300 E: admin@hexhammiddle.org.uk www.hexhammiddleschool.co.uk

Executive Headteacher: Graeme Atkins Head of School: Liam Watters